



Do I have a choice about joining?

Yes. Your choice will not affect any other part of your health care.

Does it cost anything?

No. Joining this study is free of charge.

Will I be paid for my time?

Yes. You will be reimbursed for your time, parking and transportation. Payments will be given at each study visit. You may earn up to \$550 based on completing all parts of the study.

What will you do with the study findings?

We will publish our findings to help doctors find the best test for GDM for their patients. We will not share any findings that identify you.

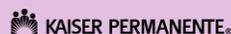
By joining our study, you can help doctors find the best test for GDM. Better testing means better treatment, and healthier moms and babies.

Contact

If you would like to join GO MOMs, or have questions, please contact us at:

Email: CHR_GOMOMs@kpchr.org

Phone: 503-335-6749 or 866-356-0211



Center for Health Research

GO MOMs Brochure v3 7/7/2021

About the Study

Gestational diabetes mellitus (GDM) is a type of diabetes, or high blood sugar, that starts during pregnancy and may go away after the baby is born. GO MOMs researchers want to find a better way to detect GDM so that moms can get the care they need and their babies can be healthy.

We are looking for 2,150 pregnant women to join this study happening at clinics across the country. If you join, you will be in the study during your pregnancy and up to three months after your baby is born.

Who can join the study?

You may be able to join if you:

- Are 18 years or older
- Are less than 14 weeks pregnant
- Are pregnant with one baby
- Do not have diabetes
- Do not use certain medications



GO MOMs

Understanding blood sugar levels in pregnancy to improve health for mothers and babies



What happens if I join?

You will have four study visits during your pregnancy. We will also come to see you in the hospital after you deliver your baby and call, text, or email you a couple of months after you go home.

Screening Visit

- Answer questions to make sure the study is right for you.
- Learn about the study.
- If you decide to join the study, review a consent form with research study staff.

Visit 1 (10-14 weeks)

- Answer questions about your health and pregnancy.
- Complete a 2-hour glucose test.
- Have a small glucose sensor placed on your body. You'll wear it for 10 days.

Visit 2 (16-20 weeks)

- Answer questions about your health and pregnancy.
- Give a blood sample.
- Wear a glucose sensor again for 10 days.

Visit 3 (24-28 weeks)

- Same as Visit 1, but with a 3-hour glucose test.

Visit 4 (32-36 weeks)

- Same as Visit 2.

Delivery Visit

- Have measurements taken of your baby.

After You Deliver

- Answer questions with study staff by phone, text, or e-mail to see how you and your baby are doing.

Why is this study being done?

Many women get GDM during pregnancy, which can cause problems for the mother and her baby. Her baby may grow too large, which can cause problems during delivery. These babies are also more likely to become overweight or get diabetes in childhood. Moms who have GDM are more likely to get diabetes after their baby is born.

Doctors need better ways to test for GDM. GO MOMs hopes to improve testing and treatment for GDM. Mothers will use a glucose sensor to track glucose levels during their pregnancy.

When is GDM testing normally done?

Most doctors test for GDM around 24 to 28 weeks. If you join our study, we will also test you at that time. If you have GDM then, we will share that with your doctor so your doctor can treat you.

